

Proposed Rule Changes

We propose these rule changes for three main reasons:

The game should flow more smoothly and there should be fewer interruptions, resulting in longer and more exciting rallies

We want to relieve the referees and make the whistle easier

We want to increase the chance of a point for the serving team

number and title of rule	current rule text (the changes are red marked)	proposed new rule text	Explanation
2.2 HEIGHT OF THE NET Open Category (no age limit) Senior category (40+)	Mixed 225 cm Women 210 cm Mixed 215 cm	Mixed 230 cm Women 215 cm Mixed 220 cm	Raising the nets makes it harder to score a point and strengthens the defense. This is especially necessary in the mixed category, where most of the time the men attack.
12.4.1 EXECUTION OF THE SERVICE	The Indiac ball must not be tossed or released from the holding hand before the other hand hits the ball.	The Indiac ball shall be hit with one hand after being tossed or released from the hand(s).	This rule only leads to discussions in the interpretation. With the deletion of this rule the referees are relieved. Allowing a jump serve also strengthens the serving team.
12.4.2	At the moment of the service hit, the server must stay in the Service zone (p. 1.4.2) and not touch the court (the end line included) or the floor outside of the Service zone. After hitting the ball, the server may step to any place on the team's court and free zone.	At the moment of the service hit or take-off for a jump service, the server must not touch the court (the end line included) or the floor outside the service zone (p. 1.4.2). After the hit, he/she may step or land outside the service zone, or inside the court.	
12.5 SCREENING	A player or group of players of the serving team makes a screen by waving arms, jumping or moving sideways, during the execution of the service, or by standing grouped to intentionally hide the flight path of the ball.	A player or group of players of the serving team makes a screen by waving arms, jumping or moving sideways, during the execution of the service (after the referee has released the serve with a whistle signal) to intentionally hide the flight path of the ball.	Standing together in a group is necessary for a quick change of position after the serve. With the deletion of this passage, the referees are relieved and the discussions about the interpretation are avoided.
11.2 PENETRATION UNDER THE NET	Trespassing over the centre line under the net by any part of the body is considered a fault.	penetration into the opponent's court under the net and touching anything in the opposite field is considered as fault.	The overlapping in the air under the net is very difficult for the referee to detect. In addition, it does not bother the opposing team and the rallies are not interrupted unnecessarily.
11.4 PLAYER'S FAULT AT THE NET	--> he/she intrudes upon the opponent's space in the air, over or under the net	--> he/she intrudes upon the opponent's space in the air over the net --> he/she has contact with an opposing player in his/her field of play	
23.3.2 During the match, the 2nd referee decides, whistles and signals:	penetration into the opponent's court and the space under the net.	penetration into the opponent's court (not in the air) with any part of the body (p. 11.2).	
15.1 NUMBER OF REGULAR GAME INTERRUPTIONS	Each team is entitled to a maximum of two time-outs and 4 player substitutions per set.	Each team is entitled to a maximum of two time-outs and 5 player substitutions per set.	If there are 10 players on the scoresheet, it should be possible to change 5 players once in one set, so that every player can be on the court in one set
15.6.1	Four substitutions are the maximum permitted per team and per set. One or two players may be substituted during the same game interruption.	Five substitutions are the maximum permitted per team and per set. One or two players may be substituted during the same game interruption.	